Sexual Assault Awareness Month 2022

March Against Sexual Violence
Sunday, April 3rd | 12pm-2pm
Start: Carlow University - Campus Green
End: Carnegie Mellon University

Join students from Pitt, Carlow and CMU as we join together to march against campus sexual violence. The march will begin on Carlow's campus green where marchers will make signs and meet with other campus activists. At 1:00pm students will march from Carlow, through the University of Pittsburgh to CMU. The march will end with a rally at CMU.

Register for the March Against Sexual Violence

Wellness Workshop with Pittsburgh Action Against Rape
Monday, April 4th | 12:30pm-3:30pm (stop by anytime)
WPU Dining Room A

To celebrate Sexual Assault Awareness Month, celebrating survivors and their supporters alike, PAAR will be hosting a Wellness Workshop! Come meet PAAR Advocates, learn about PAAR services, and participate in multiple wellness activities:
• Create a coping skills tool bag; designing a bag and filling it with your choice of unique coping and grounding items.
• Decorate and outline a bullet journal to use for goal management and self-reflection.
• Create your own blend of essential oil diffusers and rollers.

Creative Healing
Tuesday, April 12th | 12pm-4pm
William Pitt Union Ballroom

Join the Sexual Assault Awareness Month committee and the Center4Creativity for a creative expression event. Creative Healing will feature multiple stations that will allow students to create unique pieces of art that promote healing, awareness building and resiliency. All Pitt community members are welcome to stop by and create at this event.

Here to Help: A Resource Fair
Tuesday, April 12th | 12pm-4pm
William Pitt Union Lawn (near Bigelow Blvd.)

The Sexual Assault Awareness Month committee is hosting a resource fair aimed at highlighting resources available to community members who have been impacted by sexual misconduct. Participants can talk with representatives from organizations like the Civil Rights and Title IX Office, PAAR and the Center for Victims. Students can learn more about how they can get involved in related student organizations while grabbing self-care items. This event is open to all Pitt community members.

SETPoint Empowerment Based Self-Defense
April 12th | 5:30pm-8:00pm
630 William Pitt Union

Self-defense takes many forms, from learning to pick up clues in your environment, to setting healthy boundaries, to practicing effective physical resistance skills. Join SETPoint coaches for this high-energy, gender inclusive session where we'll consider and practice common sense and practical ways to keep yourself and others safe. You'll leave feeling strong, energized, and empowered! SETPoint sessions are inclusive, trauma-informed, and survivor-centered. Space is limited, advance registration is encouraged. Community members who do not register in advance are still welcome to stop by the beginning of the session to see if there is space available.

Register for SETPoint

A Vigil in Honor of Survivors of Sexual Misconduct
Monday, April 18th | 5:30pm-6:15pm
William Pitt Union, Lower Lounge

Join the Pitt community as we honor the survivors on our campus. This event will feature stories of healing, messages of hope and resources available to all Pitt community members impacted by sexual violence. Felecia Savage Friedman will provide an inclusive and trauma informed keynote address.

Register for the Vigil (registration is encouraged, but not required)