



# University of Pittsburgh

*Student Government Board  
Office of the President*

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## **FOR IMMEDIATE RELEASE**

Wednesday, October 3rd, 2018

Student Government Board is excited to announce that this month is Mental Health Awareness Month. This is the second year in a row that SGB has focused an entire month on Mental Health Awareness. Over the course of the month, there will be ten events geared toward mental health and wellness.

Stories Untold Art Exhibit opens Monday, October 8<sup>th</sup> in the William Pitt Union Lower Lounge. This exhibit features work from students who wanted to share their stories with the University of Pittsburgh community. The exhibit will be open from 10am-6pm, ending with a reception from 4-6pm.

Pitt Talks Whiteboard Campaign will take place on October 9<sup>th</sup> from 10am-2pm in the lobby of the William Pitt Union. Students will be encouraged to write why they care about mental health awareness and take a picture to share its importance.

Student-poets will be sharing their work at the Stay Spoke Poetry Night on October 11<sup>th</sup> in the William Pitt Union Kurtzman Room from 8-10pm. Students will be sharing their stories about mental health and the importance of awareness and advocacy and all are encouraged to come listen. More information for all Mental Health Awareness Month events can be found on the [SGB Facebook Page](#).

The latest Undergraduate Conference Fund for Research has been awarded to Christina Toval. To apply for a grant, please visit [sgb.pitt.edu](http://sgb.pitt.edu).

Applications are now open for the Panther Women's Leadership Experience. This weekend retreat provides women leaders with the opportunity to strengthen their leadership abilities through mentorship, speakers, and various activities. Undergraduate women can apply to be either mentors or mentees. Applications can be found on the [SGB website](#) and are due by Friday, October 12<sup>th</sup> at 5pm.

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For more information on Mental Health Awareness Month, please contact Eric Macadangdang at [esm48@pitt.edu](mailto:esm48@pitt.edu). For more information the Undergraduate Conference Fund for Research, please contact Ami Fall at [agf34@pitt.edu](mailto:agf34@pitt.edu). For more information on the Panther Women's Leadership Experience, please contact Ami Fall at [agf34@pitt.edu](mailto:agf34@pitt.edu) or Maggie Kennedy at [SGBPresident@pitt.edu](mailto:SGBPresident@pitt.edu).